DOCUMENT RESUME

ED 464 899 SP 040 703

AUTHOR	Schmidt, Michael A.
TITLE	Healing Childhood Ear Infections: Prevention, Home Care, and Alternative Treatment. 2nd Edition.
ISBN	ISBN-1-55643-216-X
PUB DATE	1996-00-00
NOTE	313p.; Foreword by Doris J. Rapp. Previously published as "Childhood Ear Infections."
AVAILABLE FROM	North Atlantic Books, P.O. Box 12327, Berkeley, CA 94712 ($16.95). Tel: 800-337-2665 (Toll Free).
PUB TYPE	Books (010) -- Guides - Non-Classroom (055)
EDRS PRICE	Document Not Available from EDRS.
DESCRIPTORS	Allergy; Breastfeeding; *Child Health; Children; Developmental Delays; Down Syndrome; Environmental Influences; *Health Promotion; Hearing Impairments; Medical Services; Nutrition; *Otitis Media
IDENTIFIERS	Acupressure; Antibiotics; *Ear Infections; Home Health Care; Homeopathy; *Nontraditional Medicine

ABSTRACT

This book describes current controversy in medical journals over existing treatments for chronic childhood earaches. It suggests that the causes of otitis media are a series of events which flourish when poor nutrition occurs, noting that careful attention to diet and nutrition to prevent food allergies, and the use of acupressure, homeopathic medicine, and herbal medicine, are effective in healing earaches and preventing their recurrence. Eight chapters examine: (1) "The Scope of the Problem" (e.g., what an earache is, signs and symptoms, and who is at risk); (2) "Antibiotics: Sensible Use or Abuse?" (e.g., antibiotic-resistant bacteria and foodborne antibiotics); (3) "Tubes: Effectiveness, Hazards, and Complications" (e.g., the rationale and how it is done); (4) "Hearing Loss and Delayed Development: Myth or Reality?"; (5) "Causes of Childhood Ear Infections" (e.g., allergy and environmental sensitivity and mechanical obstruction); (6) "Home Care for Earaches" (e.g., when to call the doctor and emotional factors); (7) "Preventing Ear Infections in Your Child" (e.g., breastfeeding and air travel); and (8) "Alternative Treatments: Some Solutions" (e.g., allergy management and acupuncture). Appended are lists of resources and organizations and an example of nutrition assessment using a laboratory. (Chapters contain references.) (SM)

Reproductions supplied by EDRS are the best that can be made
from the original document.

THIS
DOCUMENT
NOT
AVAILABLE
FROM

EDRS